

WHITBY FIGURE SKATING CLUB

2026–2027 FALL / WINTER WEEKLY PROGRAM SCHEDULE

As of Sept 21th 2026 (Subject to change)

MONDAY						TUESDAY			
ON-ICE · Thermo Fisher #2		ON-ICE · Whitby Toyota #3		DRYLAND · Dryland Room		ON-ICE · Whitby Toyota #3		DRYLAND · Dryland Room	
Time	Session	Time	Session	Time	Session	Time	Session	Time	Session
3:30 PM	START	3:30 PM	START	4:30–5:30 PM	Competition Prep 2 Dryland	3:30 PM	START	4:00–4:30 PM	STAR 2/3 Dryland
3:30–3:40 PM	Flood	3:30–4:30 PM	STAR 3+ (Spins / Skating Skills 4:15–4:30)	5:30–6:30 PM	Competition Prep 1 Dryland	3:30–4:30 PM	STAR 3+ (Spins / Skating Skills 4:15–4:30)	4:30–4:40 PM	Break
3:40–5:00 PM	Competition Prep 1 (+15 points)	4:30–4:40 PM	Flood	6:30–7:00 PM	STAR 2/3/4 Dryland	4:30–4:40 PM	Flood	4:40–5:40 PM	STAR 4/5 Dryland
5:00–5:10 PM	Flood	4:40–5:10 PM	Pre-CanSkate (3–5 yrs)	7:00–8:00 PM	STAR 6+ Dryland	4:40–5:40 PM	STAR 2/3 (Spins / Skating Skills 5:25–5:40)	5:40–5:50 PM	Break
5:10–6:00 PM	Rising Stars / STAR 1	5:10–6:00 PM	Advanced CanSkate (Badge 4–6)			5:40–5:50 PM	Flood	5:50–6:50 PM	STAR 6/7 Dryland
6:00–6:10 PM	Flood	6:00–6:10 PM	Flood	DRYLAND · DRESSING ROOM 2		5:50–6:50 PM	STAR 4/5 (Spins / Skating Skills 6:35–6:50)	6:50–7:00 PM	Break
6:10–7:30 PM	Competition Prep 2	6:10–7:00 PM	Beginner CanSkate (Badge 1–3)	Time	Session	6:50–7:00 PM	Flood	7:00–8:00 PM	STAR 8+ Dryland
7:30 PM	END	7:00–7:10 PM	Flood	4:30–5:00 PM	Rising Stars Dryland	7:00–8:10 PM	STAR 6/7 (Spins / Skating Skills 7:55–8:10)	8:00–8:20 PM	Break
		7:10–8:10 PM	STAR 2/3/4 (Spins / Skating Skills 7:55–8:10)			8:10–8:20 PM	Flood	8:20–9:20 PM	Adult STARSkate Dryland
		8:10–8:20 PM	Flood			8:20–9:30 PM	STAR 8+ (Spins / Skating Skills 9:15–9:30)		
		8:20–9:30 PM	STAR 6+ (Spins / Skating Skills 9:15–9:30)			9:30–9:40 PM	Flood		
		9:30–9:40 PM	Flood			9:40–10:30 PM	Adult STARSkate / Competitive 16+		
		9:40–10:30 PM	Adult CanSkate			10:30 PM	END		
		10:30 PM	END						

WEDNESDAY						THURSDAY			
ON-ICE · Canadian Tire #1		ON-ICE · Whitby Toyota #3		DRYLAND · Dryland Room		ON-ICE · Whitby Toyota #3		DRYLAND · Dryland Room	
Time	Session	Time	Session	Time	Session	Time	Session	Time	Session
3:45 PM	START	3:30 PM	START	4:00–4:30 PM	Rising Stars Dryland	3:30 PM	START		
3:45–3:55 PM	Flood	3:30–3:40 PM	Flood	4:30–4:40 PM	Break	3:30–3:40 PM	Flood		
3:55–4:45 PM	Intermediate Power Skating	3:40–4:40 PM	STAR 5+ (Spins / Skating Skills 4:25–4:40)	4:40–5:40 PM	STAR 2/3/4 Dryland	3:40–4:30 PM	STAR 3+ (Spins / Skating Skills 4:15–4:30)		
4:45–4:55 PM	Flood	4:40–4:50 PM	Flood	5:40–5:50 PM	Break	4:30–4:40 PM	Flood		
4:55–5:45 PM	Advanced Power Skating	4:50–5:50 PM	Rising Stars / STAR 1	5:50–6:50 PM	STAR 5/6/7 Dryland	4:40–5:10 PM	Pre-CanSkate (3–5 yrs)		
5:45–5:55 PM	Flood	5:50–6:00 PM	Flood	6:50–7:00 PM	Break	5:10–6:00 PM	Beginner CanSkate (Badge 1–3)		
5:55–6:45 PM	Beginner Power Skating	6:00–7:00 PM	STAR 2/3/4 (Spins / Skating Skills 6:45–7:00)	7:00–8:00 PM	STAR 8+ Dryland	6:00–6:10 PM	Flood		No Dryland This Day
6:45 PM	END	7:00–7:10 PM	Flood			6:10–7:00 PM	Advanced CanSkate (Badge 4–6)		
		7:10–8:10 PM	STAR 5/6/7 (Spins / Skating Skills 7:55–8:10)			7:00 PM	END		
		8:10–8:20 PM	Flood						
		8:20–9:30 PM	STAR 8+ (Spins / Skating Skills 9:15–9:30)						
		9:30 PM	END						

FRIDAY				SATURDAY				SUNDAY	
ON-ICE · Whitby Toyota #3		DRYLAND · Dressing Room 2		ON-ICE · Whitby Toyota #3		DRYLAND · Dryland Room		ON-ICE · Whitby Toyota #3	
Time	Session	Time	Session	Time	Session	Time	Session	Time	Session
3:30 PM	START	6:00–6:30 PM	Rising Stars Dryland	9:00 AM	START	10:20–11:20 AM	STAR 2/3 Dryland	9:00 AM	START
3:30–3:40 PM	Flood			9:00–10:00 AM	STAR 2/3 (Spins / Skating Skills 9:45–10:00)	11:20–11:40 AM	Break	9:00–9:50 AM	Beginner CanSkate (Badge 1–3)
3:40–4:40 PM	STAR 8+ (Spins / Skating Skills 4:25–4:40)			10:00–10:10 AM	Flood	11:40 AM–12:40 PM	STAR 4/5/6 Dryland	9:50–10:00 AM	Flood
4:40–4:50 PM	Flood			10:10–11:20 AM	STAR 4/5/6 (Spins / Skating Skills 11:05–11:20)	12:40–1:00 PM	Break	10:00–10:30 AM	Pre-CanSkate (3–5 yrs)
4:50–5:50 PM	Rising Stars / STAR 1			11:20–11:30 AM	Flood	1:00–2:00 PM	STAR 7+ Dryland	10:30–11:00 AM	Pre-CanSkate (3–5 yrs)
5:50–6:00 PM	Flood			11:30 AM–12:40 PM	STAR 7+ (Spins / Skating Skills 12:25–12:40)			11:00–11:10 AM	Flood
6:00–7:00 PM	STAR 2/3 (Spins / Skating Skills 6:45–7:00)			12:40–12:50 PM	Flood	DRYLAND · DRESSING ROOM 2		11:10 AM–12:00 PM	Advanced CanSkate (Badge 4–6)
7:00–7:10 PM	Flood			12:50–1:50 PM	Rising Stars / STAR 1/2/3	Time	Session	12:00–12:10 PM	Flood
7:10–8:10 PM	STAR 4/5/6 (Spins / Skating Skills 7:55–8:10)			1:50–2:00 PM	Flood	12:00–12:30 PM	Rising Stars / STAR 1/2/3 Dryland	12:10–1:20 PM	STAR 3/4/5/6 (Spins / Skating Skills 1:05–1:20)
8:10–8:20 PM	Flood			2:00–2:50 PM	Beginner CanSkate (Badge 1–3)			1:20–1:30 PM	Flood
8:20–9:20 PM	STAR 6+ (Spins / Skating Skills 9:05–9:20)			2:50–3:00 PM	Flood			1:30–2:30 PM	STAR 7+ (Spins / Skating Skills 2:15–2:30)
9:20–9:30 PM	Flood			3:00–3:50 PM	Beginner CanSkate (Badge 1–3 · shared ice)			2:30–2:40 PM	Flood
9:30–10:30 PM	Adult STARSkate / Competitive 16+			3:10–3:40 PM	Pre-CanSkate (3–5 yrs · shared ice)			2:40–3:30 PM	On-Ice Conditioning
10:30 PM	END			3:50–4:00 PM	Flood			3:30–3:40 PM	Flood
				4:00–4:50 PM	Beginner CanSkate (Badge 1–3)			3:40–4:30 PM	Adult STARSkate / Competitive 16+
				4:50–5:00 PM	Flood			4:30 PM	END
				5:00–5:50 PM	Teen CanSkate (9–16 yrs)				
				5:50 PM	END				No Dryland This Day

■ STARSkate ■ CanSkate ■ Pre-CanSkate ■ Rising Stars ■ Specialty / Competition Prep ■ Adult ■ Power Skating ■ Flood

Session times and program groupings subject to change